



PARSIPPANY HILLS HIGH SCHOOL

Athletic Department
20 Rita Drive • Morris Plains, NJ 07950



Todd Ricker
Assistant Principal/
Athletic Director

(973) 682-2815 x 2407
(973) 326-9260 Fax
tricker@pthsd.k12.nj.us

Dear Parents/Guardians,

This letter is to inform any parent/guardian whose student may be interested in participating in athletics or marching band at the high school level, that we have made a few changes to the procedure.

Many of you may be familiar with the “yellow card” that was designed as an emergency card for coaches to contact you in the event your student was hurt or sick during a practice or game. That card will no longer be used. The online form replacing the “yellow card” is called “**SPORTS Emergency Information Verification Form.**”

Please visit the Parsippany-Troy Hills District website www.pthsd.k12.nj.us, click on “Our Schools”, “Parsippany Hills High School”, then click on “Nurse”, and you will see two packets with instructions.

- **Packet A** was created for any student whose physical exam will be expired (more than 365 days old) **PRIOR** to the first day of official practice.
- **Packet B** was created for any student whose last physical exam is still within the 365 day requirement by the first day of official practice.
- Packets are also available in the nurse’s office.

Please download the appropriate packet for your student, complete all required forms and return to the nurse’s office to allow ample time for the school physician to review and approve your student’s eligibility to participate.

Also note if your student suffers from asthma or any other type of medical condition requiring medication download the appropriate forms. These forms **MUST** be completed by your physician and attached to the physical packet.

If you have any questions, please call the nurse’s office at your high school. You may also contact the athletic director at either high school if the nurse is unavailable.

Thank you,

Todd Ricker
Assistant Principal/Athletic Director

“Achieving Athletic & Academic Excellence”